



# Community micro- enterprise project in Suffolk

## Community Catalysts



Community Catalysts is a social enterprise working across the UK to try to make sure that people who need care and support to live their lives can get help in ways, times and places that suit them, with real choice of attractive local options. We help local people use their energies and talents to deliver sustainable community micro-enterprises that can support other local people, creating jobs and volunteering opportunities.

## Community micro-enterprise Project in Suffolk

This is an exciting project delivered in partnership with Suffolk County Council and is an extension of a previous 2-year programme. The project will run until August 2024 and now covers a wider footprint in the area of North, West and Ipswich and East.

It aims to stimulate the development and growth of community micro-enterprises that provide a care and support for older people at home.

## Community micro-enterprise

People with talents, passion and local knowledge run community micro-enterprises. They all aim to make a difference to the lives of local people. Our project has a focus on enterprises that support older people who need some care or help to live a good life

- have 8 or fewer full-time staff or volunteers
- are independent of any larger organisation.
- are set up in many different and creative ways such as: sole trader, partnership, small business, social enterprise, charity or voluntary organisation.



## Support from the Community micro-enterprise Project

Community Catalysts has a huge amount of experience helping local people establish community enterprises. We run a development programme which can:

- offer a friendly and supportive point of contact to explore ideas
- support people to develop a community micro-enterprise

- give practical information on regulation, training and opportunities in the health and social care sector
- direct to other organisations who can help

## Community Catalysts and Suffolk

*We are both delighted and excited to be working with Community Catalysts CIC on an asset-based approach, working within our communities to develop enterprises which help people in their own homes. Asset-based working is key to our desire to promote independence and build strong, resilient communities for the benefit of all those that live within them.*

*We believe that working in this way will enable people to live independently for longer.*

**Andrew Cuthbertson, Head of Community Infrastructure, Suffolk County Council.**

## What might this mean for local people?



Community Catalysts can support people who are currently running a C-community micro-enterprise that helps older people at home.

We would also like to connect with people, organisations, businesses or groups across Suffolk who have an interest in building stronger communities.

## Get in touch

For more information, please contact [SuffolkMicros@communitycatalysts.co.uk](mailto:SuffolkMicros@communitycatalysts.co.uk) and one of our local Catalysts will get in touch with you.

You can also find out more and send a message through our local Facebook page: <https://www.facebook.com/CommCatsSuffolk/>

